



MUSLIM SUPPORT NETWORK

www.muslimsupportnetwork.org

Event/Meeting Schedule

2009-2010

Month	Monthly Lunch Meeting (Held at Fremont Senior Center)*	Field Trip/Events
January	<u>Jan 26th</u> – Bait Bazi	
February	<u>Feb 23rd</u> -- CAL STATE EAST BAY NURSING STUDENTS Topic: Hypertension & Blood Pressure Checks	
March	<u>March 23rd</u> – Becky Matthew, Fremont Bank Topic: Banking Services	
April	<u>April 27th</u> – HEALTHY COOKING CONTEST	
May	<u>May 18th</u> – Bait Bazi	
June	<u>June 22nd</u> -- Arnie Becker, HICAP Counselor Topic: Medicare & low cost prescriptions	
July	<u>July 27th</u> – Trip to Port of Oakland	
August	<u>Aug 17th</u> -- Dr. David Parpart, Chiropractor.	
September	<u>Sept 28th</u> -Dr. Judith from Senior Way classes	
October	<u>Oct 28th</u> – Scavenger Hunt in the Park	
November	<u>Nov 16th</u> – Sabiha Rasheed	
December	<u>Dec 14th</u> – Craft Project Facilitated by Marylou Johnson	

*Fremont Senior Center is located at 40086 Paseo Padre Pkwy, Fremont, CA-94538

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